

Download Day Camp Weekly Lesson Plans

Gymnastics lesson plans are an important part of safe and progressive training. Physical and tactical preparation leads to skill development. Register Your Child for Summer Day Camp Today! A fun-filled summer program for kids ages 5-12! Summer is more than fun it is AWESOME! Each week hosts its own unique theme with games, crafts, weekly field trips, swimming 2 days a week, and other fun activities. The Y's Summer Day Camp program gives kids a safe, structured place to make friends, be active, grow academically and play outdoors. Most lessons can be booked 24/7 through our CastnerGolf Online Scheduler.. Bill also offers special rates for Plainfield West 9 Members and First Tee of Plainfield participants. Contact us for more information.. If you are having a problem scheduling a class, call (908) 769-3672 or (917) 208-5197 - Day Camp Weekly Lesson Plans