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Quality fabric choice is the number one pre-requisite of a great looking polished sewn garment. Checkout this post for the different types of fabric you can buy for your project.. Fabric is expensive; Sometimes the final product may end up way more expensive than what you would have found it on the stores. General Dressmaking. 2 hours. Learn a new technique every week and improve and increase your knowledge. Topics looked at will include different types of seams and when to use them, sleeve insertion, interfacing, collars and cuffs, top stitching and under stitching, fastenings and trimmings. The way the fabric will feel against your skin, how it will behave when sewing, how it will drape against your body – all these are as important to your fabric buying decision as its colour and designs. 8 Lead Paint On Your Accessories. According to a study by The New York Times, many brightly colored fashion accessories that come into the US from overseas often contain lead-based paint and dyes. The exporting countries don't have the same regulations as the United States, and their products could be making people sick. - Improve Your Dressmaking.