

# Download New-style Tai Chi Ch'uan

Tai Ji Quan T ai Ji Quan is considered to be one of the internal styles of Chinese martial art, and is the most widely practiced martial art in the world today. The term "Tai Ji" refers to the ancient Chinese cosmological concept of the interplay between two opposite yet complementary forces (Yin and Yang) as being the foundation of creation. United Studios of Self Defense is very proud of our distinctive and dynamic logo. Over the years, many people have asked what the logo represents. To accurately describe our logo's intricate meaning, the logo must be broken down into its many components. - New-style Tai Chi Ch'uan