

Download The Nurturing Touch At Birth A Labor Support Handbook

Labor Doula. You are required to read a minimum of five (5) books in addition to the CAPPa Labor Doula Manual, The Understanding Birth, and The Understanding Breastfeeding booklets. Optimally, you should read at least one book from each section. Always check to make certain you are reading the most current edition of each book. General Reading (everyone must read): Need urgent help? Nowhere else to turn? API comes to the rescue (again)! API Warmline - Attachment Parenting International launches the API Warmline to serve families in urgent or distressing situations when information or support is not available on the API Forum or website. They also generously make their newsletter archives easily available. Waterbirth Mirror - Major Innovation! The 'Howes Birth Mirror' is a new design by midwife Virginia Howes that provides the visibility you need without the hazards of glass or the sterilization challenges of plastic mirrors. The Neonatal Womb Warriors "Our Mission is to create an active & supportive alliance of Preterm Birth Survivors/NICU Grads & Community Members." - The Nurturing Touch At Birth A Labor Support Handbook