

Download Triumph Spitfire Competition Preparation Manual

The Triumph Spitfire is a small British two-seat sports car, introduced at the London Motor Show in 1962. The vehicle was based on a design produced for Standard-Triumph in 1957 by Italian designer Giovanni Michelotti. The car was largely based upon the chassis of the Triumph Herald saloon, but shortened and without the Herald's outrigger sections. The Herald's running gear and Standard SC ...Haynes Manuals for the Triumph Spitfire, GT6, S.U. and Weber Carburetors. Bentley Service Manuals. Performance Tuning in Theory and Practice, by A. Graham Bell. Tuning Standard Triumphs over 1300 cc, by David Vizard Better tires and wheels are typically the single biggest contribution to improved handling that you can make. Wider and lower profile tires on wider rims promote a better contact patch and more grip, up to a point. Original equipment on most Spitfires are 155/80-13 tires on 4.5 inch wide rims. Description Price Part # Spitfire Adjustable Height Front Shock Set (2) by GAZ - for a Triumph Spitfire/GT6). - Triumph Spitfire Competition Preparation Manual